

STUDENT NEWS

Newsletter of CPA Section for Students

Message from the Chair

Message de la présidente

Kyrsten Grimes, University of Toronto Scarborough

It is my pleasure to be serving as your Chair for the Section for Students in Psychology for 2016-17. Our Section recently employed a Need's Assessment Survey to determine what you feel is missing from our Section. We recently published these results through our listserv. It is my hope that over the next year, we are able to accomplish several goals:

- 1) Provide more opportunities and programming outside of convention
- 2) Provide programming that is relevant to all psychology disciplines, at all levels of learning (undergraduate to Ph.D.)
- 3) Foster a supportive academic community within our Section
- 4) Promote greater awareness of what our Section offers to its students

Our Past Chair, Zarina Giannone, worked hard last year to develop opportunities that were in line with these goals, such as the inaugural year of the Student Mentorship Program, which will be continuing into its second year. We also created two new grant competitions and increased the number of travel awards we offered for convention. These will continue to be offered this year, along with a number of exciting, new initiatives, including webinars, online writing retreats, and a greater range of programming and presentation opportunities for the 2017 Convention (held in Toronto). Additional details regarding new initiatives are coming soon!

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We are always looking for ways to improve our Section. Our purpose is to ensure that you are benefiting from your membership with us. What do YOU need from us to help you succeed as a trainee in psychology? I encourage anyone with ideas, suggestions, or comments to please get in touch with me.

Best of luck in the upcoming year! I look forward to seeing this year unfold!



Meet the 2016-2017 Executive/Rencontrez l'exécutif de 2016-2017

The Section Executive is comprised of eight different positions: Chair, Chair-Elect, Past-Chair, Administration & Finance Officer, Communications Officer, Graduate Student Affairs Officer, Undergraduate Student Affairs Officer and Francophone Affairs Officer. Each position plays an integral role in the functioning of the Section and aims to connect psychology students across Canada. Please refer to our website for more details regarding the specific roles of each position.

L'exécutif de la Section se compose de huit positions différentes: président, président élu, président sortant, agent de l'administration et des finances, agent des communications, agent des affaires de premier cycle, agent des affaires de deuxième et troisième cycle ainsi qu'un agent des affaires francophones. Chaque poste joue un rôle essentiel dans le fonctionnement de la Section et vise à relier des étudiants en psychologie à travers le Canada. Veuillez consulter notre site web pour plus de détails concernant les rôles spécifiques de chaque poste.

Kyrsten Grimes, Chair/Présidente



Kyrsten is currently completing the combined MA/PhD program in Clinical Psychology at the University of Toronto Scarborough. She has a strong interest in the study of psychopathology, treatment outcome, and the ecological validity of assessment measures. Her program of research pertains to the development of positive symptoms in schizophrenia spectrum disorders. She is currently testing a cognitive model for the development of psychotic symptoms. She will develop a new therapeutic intervention, based on the model, which may aid in reducing positive symptoms in patients with schizophrenia and act as a preventative therapy for those at risk of experiencing an acute episode of psychosis.

Kyrsten complète actuellement le programme de MA.-PhD. combiné en psychologie clinique à l'Université de Toronto à Scarborough. Elle a un fort intérêt pour l'étude de la psychopathologie, les résultats du traitement et la validité écologique des mesures d'évaluation. Son programme de recherche porte sur le développement des symptômes positifs dans les troubles du spectre de la schizophrénie. Elle est en train de tester un modèle cognitif pour le développement de symptômes psychotiques. Elle développera une nouvelle intervention thérapeutique, basée sur le modèle, ce qui peut aider à réduire les symptômes positifs chez les patients atteints de schizophrénie et d'agir comme une thérapie préventive pour les personnes à risque de subir un épisode aigu de la psychose.

Zarina Giannone, Past-Chair & Student Representative on the CPA Board of Directors / Présidente sortante et représentante étudiante au conseil

Zarina Giannone is a PhD student in the Counselling Psychology Program at the University of British Columbia. She recently completed her Master of Arts degree (Counselling Psychology, UBC) and passed her Master's thesis with honours which investigated the influence of athletic identity on mental health and well-being outcomes after interuniversity sport retirement. Zarina's competitive athletic history, playing on the Canadian National Soccer Team (youth) and the UBC Women's Soccer Team, has inspired her research and clinical work with athletes. She hopes to extend this research into her dissertation work with research supervisor, Dr. Rob Bedi. Zarina has been the recipient of a number of prestigious academic awards including a Joseph Armand Bombardier Scholarship (SSHRC) and a Four Year Doctoral Fellowship (UBC). She currently serves as the Past-Chair for the CPA Section for Students in Psychology and as a Board Member on the CPA Board of Directors. In her spare time, you can find Zarina at the gym or playing with her puppy, Piccolo, the miniature dachshund.



Zarina Giannone est étudiante au doctorat dans le programme de counseling à l'Université de British Columbia. Elle a récemment terminé sa maîtrise ès arts (Counselling, UBC) et a réussi avec honneur sa thèse de maîtrise qui portait sur l'influence de l'identité sportive sur la santé mentale et le bien-être après la retraite du sport interuniversitaire. L'historique de sport compétitif de Zarina, jouant sur l'équipe nationale canadienne de soccer (jeunesse) et l'équipe de soccer féminin de l'UBC, a inspiré sa recherche et son travail clinique auprès des athlètes. Elle espère étendre cette recherche dans son travail de thèse avec le superviseur de recherche, le Dr. Rob Bedi. Zarina a été récipiendaire de plusieurs prix académiques prestigieux, dont une bourse Joseph Armand Bombardier (CRSH) et une bourse universitaire de doctorat de quatre ans (UBC). Elle est actuellement la présidente sortante de la Section des étudiants en psychologie et elle est membre du conseil d'administration de la SCP. Dans son temps libre, vous pouvez trouver Zarina à la salle de gym ou en train de jouer avec son chiot, Piccolo, un teckel miniature.

Jean-Philippe Gagné, Chair-Elect/Président Designé



Jean-Philippe Gagné completed his Bachelor of Science in Honours Psychology at McGill University in 2015 where he conducted research on interpersonal relationships and developmental psychopathology. During his journey at McGill, he also worked as a research assistant in social psychology laboratories on several projects examining self-control, affiliation, and prosociality. In September 2015, Jean-Philippe began his Master's degree in Clinical Psychology at Concordia University under the supervision of Dr. Adam Radomsky in the Anxiety and Obsessive Compulsive Disorders Laboratory. In June 2016, he joined the executive committee of the Canadian Psychological Association's Section for Students as the Chair-Elect.

Jean-Philippe Gagné a complété son baccalauréat ès sciences spécialisé approfondi en psychologie à l'Université McGill en 2015 où il a mené des recherches sur les relations interpersonnelles et la psychopathologie développementale. Au cours de son cheminement à l'Université McGill, il a également travaillé comme assistant de recherche dans des laboratoires de psychologie sociale sur plusieurs projets portant sur la maîtrise de soi, l'affiliation et la prosocialité. En septembre 2015, Jean-Philippe a commencé son diplôme de maîtrise en psychologie clinique à l'Université Concordia sous la supervision du Dr. Adam Radomsky dans le laboratoire d'anxiété et des troubles obsessionnels compulsifs. En juin 2016, il a été élu sur le comité exécutif de la Section des étudiants de la SCP en tant que président désigné.

Alisia Palermo, Communications Officer/Agente de communication

Alisia Palermo is entering her fourth year of the B.Sc. Honours Psychology, Neuroscience, and Behaviour program with a minor in French at McMaster University. Her research interests include finding ways to improve mental health care in jails and prisons. She plans on pursuing a Master's and Ph.D. in Counselling Psychology, leading to a career in corrections as a jail psychologist, providing treatment to offenders. Alisia is excited to be the Communications Officer for the CPA's Student Section for this term.

Alisia Palermo entame sa quatrième année du B.Sc. spécialisé approfondi en psychologie, neurosciences et comportement avec une mineure en français à l'Université McMaster. Ses intérêts de recherche portent sur la recherche de moyens pour améliorer les soins de santé mentale dans les prisons. Elle prévoit la poursuite d'une maîtrise et d'un doctorat en psychologie, menant à une carrière dans les services correctionnels comme psychologue, fournissant un traitement aux délinquants. Alisia est heureuse d'être l'Agente des communications pour la Section étudiante de la SCP pour cette période.



Michelle Guzman-Ratko, Graduate Student Affairs Officer/Agente d'affaires de deuxième et de troisième cycle



Michelle Guzman-Ratko is currently the Graduate Student Affairs Officer of the Canadian Psychological Association's Section for Students and is the Student Representative on the Convention Planning Committee. Michelle holds an Honours Bachelor of Science degree in Psychology, Neuroscience & Behaviour from McMaster University. She is currently working towards her Master of Science in Psychology through the University of Liverpool and completing coursework for becoming a Board Certified Behaviour Analyst (BCBA). Michelle has completed research on the use of IBI and ABA in adults

with acquired brain injury (ABI) and research on the use of IBI and ABA in adults with acquired brain injury (ABI) and the implementation of daily activity schedules in residential group homes with ABI clients. She currently assists in the implementation of behaviour treatment plans to individuals with developmental disabilities. She also holds memberships with the American Psychological Association (APA), Association for Behaviour Analysis International (ABAI), and the Ontario Association for Applied Behaviour Analysis (ONTABA).

Michelle Guzman-Ratko est actuellement l'Agente des affaires de deuxième et troisième cycle de la Section des étudiants de la SCP et est la représentante étudiante au Comité de planification de la Convention. Michelle détient un Baccalauréat ès sciences en psychologie, neurosciences et comportement de l'Université McMaster. Elle travaille actuellement à sa maîtrise ès sciences en psychologie à l'Université de Liverpool et sur l'achèvement des cours pour devenir une Analyste comportementale certifiée. Michelle a mené des recherches sur l'utilisation de l'IBI et l'ABA chez les adultes ayant une lésion cérébrale acquise (LCA) et sur la mise en œuvre de programmes d'activités quotidiennes dans les résidences de groupe avec des clients ayant des LCA. Elle assiste actuellement à la mise en œuvre des plans de traitement comportementaux chez des personnes ayant une déficience intellectuelle. Elle détient également des adhésions avec l'American Psychological Association (APA), Association pour analyse du comportement international (ABAI) et l'Association ontarienne pour l'analyse comportementale appliquée (ONTABA).

Michael Ku, Undergraduate Student Affairs Officer/Agent d'affaires

Michael Ku is entering his fourth year of studies at McMaster University, where he is pursuing a B.Sc. in the Honours Psychology, Neuroscience & Behaviour—Mental Health Specialization program. His research interests involve identifying and exploring the nature of experiences that shape personality and behaviour, with a focus on how these experiences can lead to psychopathologies and extreme criminal conduct. He plans to combine his passion for the law and for mental illness by pursuing a career in forensic psychiatry. Outside of academics, Michael enjoys reading, performing as a pianist with the McMaster Jazz Band, and performing magic tricks.



Michael Ku débute sa quatrième année d'études à l'Université McMaster, où il poursuit un B.Sc. spécialisé approfondi en psychologie, neurosciences et comportement – programme spécialisé en santé mentale. Ses intérêts de recherche regroupent l'identification et l'exploration de la nature des expériences qui façonnent la personnalité et le comportement, avec une concentration sur comment ces expériences peuvent mener à la psychopathologie et aux comportements criminels extrêmes. Il planifie combiner sa passion pour le droit et la psychopathologie en poursuivant une carrière en psychologie légale. À l'extérieur de l'académie, Michael aime la lecture, performer avec le McMaster Jazz Band comme pianiste et performer des trucs de magie.

Amanda O'Brien, Administration & Finance Officer/Agente d'administration et de finance

Amanda O'Brien is the Administration & Finance Officer for CPA's Student Section for the 2016-2018 term. She is currently a PhD candidate in Clinical Neuropsychology at the University of Windsor under the supervision of Dr. Joseph Casey. She received her MA in 2015 from the University of Windsor and her BSc in Psychology and French Immersion from the University of Ottawa in 2013. Her research interests involve the clinical utility of neuropsychological measures used in the assessment of neurodevelopmental disorders and sport-related concussion. When she is not busy with her duties as a graduate student, Amanda enjoys spending time with her friends and family, walking her dog, playing softball, doing yoga, and catching up on

good (or bad) TV.

Amanda O'Brien est l'agente de l'administration et des finances. Elle est actuellement candidate au doctorat en neuropsychologie clinique à l'Université de Windsor, sous la supervision du Dr. Joseph Casey. Elle a obtenu son MA. en 2015 de l'Université de Windsor et son baccalauréat en psychologie et avec immersion en français de l'Université d'Ottawa en 2013. Ses intérêts de recherche portent sur l'utilité clinique des mesures neuropsychologiques utilisés dans l'évaluation des troubles neuro-développementaux et des commotions cérébrales liées au sport. Quand elle n'est pas occupée avec ses fonctions en tant qu'étudiante diplômée, Amanda aime passer du temps avec ses amis et sa famille, promener son chien, jouer au softball, faire du yoga et faire du rattrapage sur la bonne (ou la mauvaise) télévision.

Georden Jones, Francophone Student Affairs Officer/Agente des affaires francophones

Georden Jones is the Francophone Affairs Officer for CPA's Student Section for the 2016-2018 term. She grew up in rural Québec in the Outaouais region and completed her undergraduate degree at the University of Ottawa. In 2016-2017 she will be completing her 3rd year in the MA.-PhD. in clinical psychology still at the University of Ottawa where she gets the opportunity to complete her training in English and in French. Georden's clinical and research interests focus on psychosocial oncology and health psychology. Her favorite activities include travelling, baking, jogging and enjoying delicious food. Georden is happy to represent Canadians psychology students for another year and looks forward to an amazing convention in Toronto!



Georden Jones est l'Agente des affaires francophones pour la Section des étudiants de la SCP pour la période 2015-2017. Elle a grandi dans une région rurale de l'Outaouais au Québec et a obtenu son diplôme de premier cycle à l'Université d'Ottawa. En 2016-2017, elle terminera sa 3e année dans le programme de MA.-PhD. combiné en psychologie clinique encore à l'Université d'Ottawa où elle a la possibilité de compléter sa formation en anglais et en français. Les intérêts cliniques et de recherche de Georden se concentrent sur l'oncologie psychosociale et de la psychologie de la santé. Ses activités préférées incluent les voyages, la cuisson, le jogging et profiter de la nourriture délicieuse. Georden est heureuse de représenter les étudiants en psychologie Canadiens pour une autre année et attend avec impatience une convention extraordinaire à Toronto!

Interested in Joining our Team?/Vous êtes intéressés à joindre notre équipe?

If you are interested in getting involved with the Section for Students' Executive, we will be holding elections this winter for the positions of Chair-Elect, Undergraduate Student Affairs Officer, Graduate Student Affairs Officer, Communications Officer and Administration and Finance Officer. Please refer to our website for further information regarding the application process.

A Look at the 2016 CPA Convention

Un aperçu de la convention de 2016 de la SCP

We had another great year at the annual CPA convention in June in Victoria, B.C.! We are already looking forward to next year in Toronto! Here's a look at what you missed:



Workshop: Strategies for Effective Networking & Surviving the Graduate School Application Process

The workshop offered by the Section offered students the opportunity to learn skills and strategies for networking and addressed topics related to the process of applying to graduate school.

Pictured above: Chair, Kyrsten Grimes (left) and Graduate Student Affairs Officer, Michelle Guzman-Ratko (right)



Keynote Address

This year's guest speaker was Dr. Frederick Grouzet from the University of Victoria. His talk on Be Mindful Of What You Aspire To Do As You May Get It: Recent Research on Personal Goals and Well-Being within a Temporal Perspective welcomed many students. We greatly appreciated having him share his knowledge and passion with us.



Above: Presenters, Graduate Affairs Officer, Michelle Guzman-Ratko (left) & Past-Chair Zarina Giannone (right), with our winner, (centre)

Workshop: Presentation Skills & Data Blitz Competition

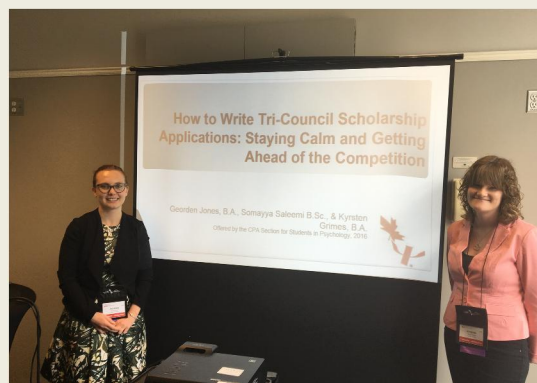
The first 30-minutes of this workshop featured tips on how to give excellent presentations. The last 60-minutes was a “Data Blitz” competition, where students presented their research in only three minutes.

Congratulations to the 2016 winner, Sarah Elizabeth Ivens from the University of Regina. She presented her research on Fatigue in Mothers and Fathers of Children with Autism Spectrum Disorder.

Workshop: How to Write Tri-Council Scholarship Applications: Staying Calm and Getting Ahead of the Competition

The workshop provided students with information regarding the Canada Graduate

Scholarship (CGS) funding process and more. Photo: Francophone Student Affairs Officer, Georden Jones (left) and Chair, Kyrsten Grimes (right)



The workshops from this year's convention are now available! Check them out:

<http://cpa.ca/students/news/>

Stay tuned for more information regarding opportunities and programming for next year's convention! Have suggestions for workshops for next year's convention? Contact us: <http://www.cpa.ca/students/about>



Student Social

This year, the student social was held at the Bard & Banker! We shared in great food, great drinks, & great company. We had an amazing turnout & we hope more of you come out next year!

Photo: Four of our student executive members at the social

Student Award Recipients *Récipiendaires de prix étudiants*

Best Poster Award

Jacob Koudys – B.Sc. Honours Psychology at the University of Victoria



Title of Poster: Clarifying the Role of Interoception, Emotion Regulation, and Alexithymia in Emerging Adult Drinkers

The purpose of the Student Section's Best Student Poster Award is to encourage high quality submissions to the Section for Students division for the annual conference of the CPA. Each year we recognize the student with the best undergraduate and best graduate poster submission to the Section for students. Recipients receive \$150 from the Section.

Congratulations on your hard work!

Undergraduate Rep Award of Excellence

Lauren Hotchkiss

I am in my fourth year of a Bachelor of Science Hons. Psychology at the University of British Columbia Okanagan Campus. I am lucky to have grown up in the beautiful city of Kelowna where UBCO is located. My research interest is in positive psychology, specifically enhancing gratitude, hope, and meaning in life. After I graduate I plan to study industrial/organization psychology in a M.Sc. program at the University of Calgary or somewhere in Eastern Canada. I hope to integrate positive psychology and I/O psychology to bring well-being practices into the workplaces. I have been the undergraduate student representative on my campus for one year. I attended my first CPA convention this year in Victoria, BC and really enjoyed connecting with other students and the other campus representatives to share ideas about how to promote psychology on our own campuses.



Graduate Rep Award of Excellence

Stephanie Drake

I am currently enrolled in the Doctor of Psychology in Clinical Psychology program at Adler University. My experience has been primarily focused on youth in mental health. My clinical interests involve sex and gender, social determinants of health, and community approaches to public health issues. I am dedicated to collaborative work, community engagement, and resource expansion. In future, I hope to develop current services and expand resources for assessment, education, and support for transgender youth and their families within British Columbia. Additionally, I aim to contribute to an interdisciplinary approach to transgender services, including policy review and development, specialized education for primary service providers, and mental health support surrounding gender-affirming surgery and after-care. In my various roles at Adler University, I have been able to cultivate my values social interest and social justice. My role as a CPA Graduate Student Representative enables me to provide student mentorship, share resources and event information, and work collaboratively with students, faculty, and community members. I welcome opportunities to connect and engage students about graduate student needs and mental health advocacy.



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

The Section for Student's in Psychology is proud to continue its very own **CPA Student Mentorship Program**, which was launched by Zarina Giannone in June 2015. We ask that all students (both undergraduate and graduate!) contact the **Program Coordinator, Jean-Philippe Gagné**, with your interest in becoming involved in the program (jean_ga@live.concordia.ca). Please see below for more details and get involved today! All of our mentor positions have been filled for the 2016-17 academic year. If you are interested in applying to become a mentor or mentee, keep an eye out for next year's call for applications.

Undergraduate Students: Have you ever felt confused or unsure of where you would like your degree in psychology to take you? Do you have questions about applying to graduate school? Are you hoping to build your CV?

Then you should consider signing up as a **Mentee** with the CPA Student Mentorship Program!

Graduate Students: Are you interested in providing support to undergraduate students in psychology? Are you hoping to improve your CV? Do you wish to take on a leadership role with the Canadian Psychological Association?

Then you should consider signing up as a **Mentor** with the CPA Student Mentorship Program!

Program Information

The CPA Student Mentorship Program offers Student Affiliates the opportunity to engage in mentor-mentee relationships with fellow students. The primary purpose of this program is to



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

The CPA Student Mentorship Program offers Student Affiliates the opportunity to engage in peer-mentorship relationships with fellow students. Student mentors have the opportunity to develop and hone their mentoring skills, which can be extended to various professional domains, whereas mentees have a unique experience to extend their knowledge of the various subject areas in psychology, develop their communication skills, and receive guidance around their personal and professional decisions.

Some examples of the benefits of peer mentorship can include, but are not limited to:

- Acquiring area-specific information in psychology (e.g., Clinical vs. Counselling Psychology, etc.)
- Learning about the importance of research and knowledge dissemination
- Gaining insights on graduate school admissions and application processes
- Obtaining guidance on funding and scholarship information
- Gaining professional and leadership experience
- Increasing networking opportunities
- Gaining perspectives on career opportunities outside of psychology
- Receiving emotional support, friendship and personal feedback



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

How Can I Get Involved?

Prospective mentees (undergraduate students) and mentors (graduate students/post-doc) should complete their respective applications (apply to be either a mentor or a mentee) and email it to the Program Coordinator to become paired up in a peer mentorship relationship. The application forms and instructions can be found below. This year, the number of selected applicants is limited as we are looking for mentors and mentees who are motivated and deeply want to get involved.

Next, the Program Coordinator will review applications and match mentees with mentors through a connecting e-mail. Mentors and mentees will then receive a short training manual, which will help guide the mentoring process and relationship. The specifics of peer mentoring are then up to each pair to decide on what works best in that mentorship relationship. Mentoring interaction may occur in person, over the phone, by e-mail, on Skype, or through any other modes of communication that are mutually convenient for students. The design of this program is meant to be simple and easy, allowing the process to be individually tailored to the specific needs and concerns of the mentorship pair. Mentees and Mentors will also be asked to evaluate their progress in the program on occasion. Both mentors and mentees will also be responsible for recording the details of the mentorship meetings/interactions in a "Mentorship Log".

Please contact Jean-Philippe for more information.

Jean-Philippe Gagné
Program Coordinator
CPA Student Mentorship Program
Chair-Elect, Section for Students in Psychology
Email address: jean_ga@live.concordia.ca

Zarina Giannone
Founder & Program Developer
CPA Student Mentorship Program
Past-Chair, Section for Students in Psychology
Email address: zarina.giannone@gmail.com



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

La Section des étudiants de psychologie est fière de poursuivre son propre programme de mentorat étudiant SCP, qui a été lancé par Zarina Giannone en Juin 2015. Nous demandons que tous les étudiants (à la fois de premier cycle et des cycles supérieurs!) communiquent avec le coordonnateur du programme, Jean-Philippe Gagné, avec votre intérêt pour vous impliquer dans le programme (jean_ga@live.concordia.ca). Nous avons déjà tous les mentors de qui on a besoin pour l'année scolaire de 206-2017. Si vous êtes intéressés à inscrire comme mentoré ou comme mentor, soyez attentif pour les détails pour la prochaine année!

Les étudiants de premier cycle: Vous êtes-vous déjà sentis confus ou incertain d'où vous souhaitez que votre diplôme en psychologie vous emmène? Avez-vous des questions sur l'application aux études supérieures? Espérez-vous bâtir votre CV?
Alors, vous devriez envisager de vous inscrire comme **mentoré** avec le Programme de mentorat étudiant SCP!

Étudiants diplômés: Êtes-vous intéressé à fournir un soutien aux étudiants de premier cycle en psychologie? Espérez-vous bâtir votre CV? Voulez-vous jouer un rôle de chef de file au sein de la Société Canadienne de Psychologie?
Alors, vous devriez envisager de vous inscrire comme **mentor** avec le Programme de mentorat étudiant SCP!

Information

Le Programme de mentorat étudiant SCP offre aux étudiants affiliés la possibilité de se livrer à des relations mentor-mentoré avec d'autres étudiants. L'objectif principal de ce programme est de faciliter l'échange d'informations et le partage des expériences personnelles entre les Membres étudiants affiliés à la SCP ayant différents niveaux d'éducation partout au Canada.



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

Le Programme de mentorat étudiant SCP offre aux étudiants affiliés la possibilité de nouer des relations de mentorat par les pairs avec les autres étudiants. Les mentors étudiants ont la possibilité de développer et de perfectionner leurs compétences de mentorat, qui peut être étendue à divers domaines professionnels, alors que les mentorés ont une expérience unique d'étendre leurs connaissances des différents domaines de la psychologie, de développer leurs compétences en communication, et recevoir des conseils autour de leur décisions personnelles et professionnelles.

Des exemples d'avantages, que le mentorat par les pairs peut apporter, mais ne sont pas limités à, incluent :

- L'acquisition d'information spécifique aux différents domaines de la psychologie (par exemple, psychologie clinique, counseling, etc.)*
- L'apprentissage à propos de l'importance de la recherche et la diffusion des connaissances*
- L'acquisition d'information sur l'admission aux études supérieures et les processus d'application*
- L'obtention de conseils sur le financement et les bourses*
- L'acquisition d'expérience professionnelle et de leadership*
- Accroître les possibilités de réseautage*
- L'acquisition des perspectives sur les possibilités de carrière en dehors de la psychologie*
- Recevoir un soutien affectif, l'amitié et la rétroaction personnelle*



CPA Student Mentorship Program

Programme de mentorat pour étudiants de la SCP

Comment puis-je l'impliquer?

Les mentorés potentiels (étudiants de premier cycle) et les mentors potentiels (étudiants des cycles supérieurs / post-doc) doivent remplir leurs applications respectives (appliquer pour devenir un mentor ou un mentoré) et l'envoyer au coordonnateur du programme pour être assigné dans une relation de mentorat par les pairs. Les formulaires de demande et les instructions sont disponibles ci-dessous. Cette année, le nombre de candidats sélectionnés est limité car nous recherchons des mentors et des mentorés qui sont motivés et veulent profondément s'impliquer.

Ensuite, le coordonnateur du programme examinera les demandes et fera correspondre les mentorés avec des mentors à travers une connexion e-mail. Mentors et mentorés recevront alors un court manuel de formation, ce qui permettra d'orienter le processus de mentorat et de la relation. Les spécificités de mentorat par les pairs sont ensuite à chaque paire de décider de ce qui fonctionne le mieux dans cette relation de mentorat. L'interaction de mentorat peut se produire en personne, par téléphone, par e-mail, sur Skype, ou par tout autre mode de communication qui est mutuellement pratique pour les étudiants. La conception de ce programme est destinée à être simple et facile, permettant le processus d'être adapté individuellement aux besoins et aux préoccupations de la paire spécifique de mentorat. Les mentorés et les mentors seront également invités à évaluer leurs progrès dans le programme à l'occasion. Les deux mentors et mentorés seront également chargés d'enregistrer les détails des réunions de mentorat / interactions dans un "Log de Mentorat".

S'il vous plait contacter Jean-Philippe pour plus d'information.

Jean-Philippe Gagné
Coordonnateur de programme
Programme de mentorat SCP
Président désigné, Section des étudiants de la SCP
Courriel: jean_ga@live.concordia.ca

Zarina Giannone
Fondatrice & Développeuse de programme
Programme de mentorat SCP
Présidente sortante, Section des étudiants de la SCP
Courriel: zarina.giannone@gmail.com

Student Grant Opportunities

Opportunit  s de bourses   tudiantes

Students, do you need help with funding? Whether it is for research or to hold an activity on campus, the CPA Section for Students has not one but **TWO** new grant opportunities to help you out.



CPA Student Research Grant

Subvention de recherche pour   tudiants de la SCP

This award is intended to support students in undergraduate or graduate programs in any domain or discipline within psychology who are actively engaged in research. Given the costs that are associated with conducting research, and the limited funding that is available to students, the Section for Students wishes to recognize and support student research efforts by awarding two research grants, valued at \$500 each, to help alleviate a small portion of the financial burden.

Deadline: NOVEMBER 14, 2016

Ce prix est destin      soutenir les   tudiants dans les programmes de premier cycle ou de cycles sup  rieurs dans tout domaine ou discipline au sein de la psychologie qui sont activement engag  s dans la recherche.   tant donn   les co  ts qui sont associ  s    la recherche et le financement limit   qui est disponible pour les   tudiants, la Section pour les   tudiants souhaite reconn  tre et soutenir les efforts de recherche des   tudiants par l'octroi de deux subventions de recherche, d'une valeur de 500 \$ chacun, pour aider    soulager une petite partie de la charge financi  re associ  e    la recherche.

Date Limite: le 14 novembre 2016



CPA Student Research Grant

Subvention de recherche pour étudiants de la SCP

Eligibility

To be eligible for this grant, students must meet the following criteria:

1. The applicant must be a current member of the Section for Students of the Canadian Psychological Association
2. The applicant must be the primary investigator and/or first author of the research project
3. The research project for which support is being sought must be relevant to at least one domain or discipline within psychology
4. The research project for which support is being sought must not yet be completed (i.e., does not apply retroactively to completed research projects), and the research and/or data collection must begin within 12 months of the adjudication of this award.

Admissibilité

Pour être admissible à cette subvention, les élèves doivent répondre aux critères suivants :

1. *Le candidat doit être un membre actuel de la Section pour les étudiants de la Société Canadienne de Psychologie*
2. *Le candidat doit être le chercheur principal et/ou le premier auteur du projet de recherche*
3. *Le projet de recherche pour lequel le soutien est demandé doit être relié à moins un domaine ou une discipline au sein de la psychologie*
4. *Le projet de recherche pour lequel le soutien est demandé ne doit pas encore être complété (à savoir, ne s'applique pas de façon rétroactive à des projets de recherche déjà réalisés), et la collecte de données et/ou le projet de recherche doit débiter pendant les 12 mois suivant l'adjudication de ce prix.*

Stay tuned for emails on beginning the application process!

Campus Initiative Grant

Subvention pour l'initiative de campus

The Section for Students supports the development of campus projects, programs, initiatives, and events that support the educational, networking, and training objectives of the Section and its members. The Section recognizes that student-run organizations (e.g., psychology student associations) or individual students often have ideas for initiatives or projects held at their college/university campus that would benefit from additional external funding. To that end, the Section has allocated two \$500 awards per year to outstanding project or activity initiatives from student-run groups or individual students.

Deadline: DECEMBER 15, 2016

La Section pour les étudiants soutient le développement de projets, de programmes, d'initiatives et d'événements de campus qui soutiennent les objectifs d'éducation, de réseautage et de formation de la Section et de ses membres. La Section reconnaît que les organisations dirigées par des étudiants (par exemple, les associations d'étudiants en psychologie) ou les étudiants individuels ont souvent des idées pour des initiatives ou des projets qui se déroulent à leur campus collégiaux/universitaires qui peuvent bénéficier d'un financement externe supplémentaire. À cette fin, la Section a alloué deux prix de \$ 500 par an à des initiatives de projets ou activités organisés par des groupes gérés par les étudiants ou par des étudiants individuels.

Date Limite: le 15 décembre 2016

Requirements

To be eligible to apply for this grant:

1. Applicants must be a current member of the Section for Students of the Canadian Psychological Association; for student-group applications, the individual applying for the award on behalf of the group must be a member of the Section for Students.
2. Initiatives must be related to the purposes and requirements as detailed in Sections (1) and (2); that is, related to the educational objectives of the Section and relevant for its members.
3. Proposed activities or initiatives must be held at the institution's campus.
4. Initiatives must have received departmental approval prior to being submitted. A letter from the Chair of the relevant department in support of this initiative or event must be submitted.



Campus Initiative Grant

Subvention pour l'initiative de campus

Exigences

Pour être admissibles à cette subvention :

- 1. Les candidats doivent être un membre actuel de la Section pour les étudiants de la Société Canadienne de Psychologie; pour les applications de groupes étudiants, la personne qui fait demande au nom du groupe doit être un membre de la Section pour les étudiants.*
- 2. Les initiatives doivent être liées aux objectifs et aux exigences telles que détaillées dans les sections (1) et (2) ; qui est, en rapport avec les objectifs pédagogiques de la Section et pertinente pour ses membres.*
- 3. Les activités ou les initiatives proposées doivent être organisées sur le campus de l'institution.*
- 4. Les initiatives doivent avoir reçu l'approbation du département avant d'être soumises. Une lettre du président du département pertinent appuyant l'initiative ou l'événement doit être soumise.*

Stay tuned for emails on beginning the application process!

Mind Pad

Notes d'idées

Check out the Summer Edition of Canada's student written, edited and published psychology newsletter!

Voilà l'édition d'été du bulletin rédigé, édité et publié par les étudiants de la Société canadienne de la psychologie.

<http://www.cpa.ca/docs/File/Students/MindPad/MindPad%20Summer2016.pdf>

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Messages from Student Representatives

Messages des représentants des étudiants

Message from the PHHC Student Representative

Have you heard about the PHHC section?

Created over five years ago, the Psychologists in Hospitals and Health Centers section is a newcomer to the Canadian Psychological Association. The executive committee has developed several resources for the section's professional members, including guidelines for psychology leaders and other documents designed to help psychologists advocate for their profession.

Within the last year, the section has become more and more committed to creating exciting opportunities for its student members and to helping graduate students develop their leadership and advocacy skills. We launched the first Graduate Student Symposium at CPA 2016 convention, and showcased student-lead research projects conducted within Canadian health centers or focused on improving evidence-based treatments. Given their outstanding presentations at the 2016 Convention, two student members will be invited to write for our upcoming Newsletter. In addition, we are planning to create resources for internship applications for students in clinical psychology and counseling psychology program, and to organize a meet-and-greet between student and professional members at the 2017 Convention.

Despite its focus on mental health centers and hospitals, our section welcomes student members who are not yet part of the public mental health system. Are you interested in working in a hospital as a clinician or as a researcher? Are you passionate about research about evidence-based treatments? Psychologists' training? Cultural diversity and mental health? Consider joining our section! We are looking forward to develop more opportunities for our student members, and getting involved on the Student Committee can be a great way to hone your leadership skills.

Feel free to contact the section's Student Representative (me!) with any comment or feedback. If you are interested in joining the section, you can do so through you CPA account. If you are interested in joining the Student Committee, please send a CV to faniecol@uvic.ca.

I look forward to hearing from you,
Fanie Collardeau
PHHC Student Representative
Doctoral Student at the University of Victoria.



Message from the CCPPP Student Representative

Greetings from the CCPPP representative!

For all students who are in Clinical, Counselling, or School Psychology programs, you have a student representative on the Canadian Council of Professional Psychology Programs (CCPPP). I sit on the executive and represent student views and concerns about clinical training in Canadian programs, including internship.

If you want more information or have questions, check out the CCPPP website (<http://www.ccPPP.ca>), the CCPPP Student Facebook page (www.facebook.com/ccpppstudent), or send me an email at ccpppstudentmember@gmail.com. For students applying to internship this year, or beginning to think about next year, visit the Facebook page for tips and discussion, or email me with any questions you have!

Thanks,

Julie Wershler

Have an idea for our next issue? We would love to hear from you. For any comments, questions, or suggestions, don't hesitate to contact a member of the Student Executive.

Don't forget to visit our website: <http://www.cpa.ca/students/about/> and join our Facebook page: <https://www.facebook.com/CPASectionForStudents/?fref=ts>

Vous avez une idée pour le prochain numéro? Nous aimerions bien l'entendre! Pour des commentaires, des questions ou des suggestions, n'hésitez pas à contacter les membres de l'exécutif des étudiants.

N'oubliez pas de visiter notre site Internet: <http://www.cpa.ca/etudiants/> et se relier avec nous sur Facebook: <https://www.facebook.com/CPASectionForStudents/?fref=ts>

The opinions expressed in this newsletter are strictly those of the authors and do not necessarily reflect the opinion of the Canadian Psychological Association, its officers, directors, or employees.

